

## The Idaho Law Created a Title Distinction

Eligible for a License in Idaho	
	<ul style="list-style-type: none"> <li>- NMD</li> <li>- Naturopathic Medical Doctor</li> </ul>
4+ Year accredited naturopathic medical school (CNME accredited)	Yes
National licensing exam (NPLEX)	Yes
Practices Primary Care	Yes
Orders labs and imaging	Yes
Writes certain prescriptions	Yes
Performs minor office procedures	Yes
<i>For additional info: <a href="#">Idaho Code §54-5101</a></i>	

## Titles Can be Confusing

Not all states use the same titles. Twenty-three states have licensing or registration laws for naturopathic medical doctors with laws differing from state to state. In neighboring states, it is more common to see the ND and naturopath designations.

## Is My Provider a Licensed NMD?

Licensed naturopathic medical doctors in Idaho can be found using the [Board of Medicine's license search and verification page](#).

## Insurance Coverage

The law does not mandate insurance coverage for NMDs. However, licensing is the first step for an insurance company to consider coverage for the services of a provider.

## CONTACT US

### Idaho Board of Medicine Naturopathic Medical Board

Web: [bom.idaho.gov](http://bom.idaho.gov)

Email licensing inquiries:  
[licensing@bom.idaho.gov](mailto:licensing@bom.idaho.gov)

Email general inquiries:  
[info@bom.idaho.gov](mailto:info@bom.idaho.gov)

### Mailing Address:

PO Box 83720  
Boise, Idaho 83720-0058

### Location:

Logger Creek Plaza  
345 W. Bobwhite Ct., Suite 150  
Boise, ID 83706

Phone: 208-327-7000

Fax: 208-327-7005



# NATUROPATHIC MEDICAL BOARD

*The Mission of the Idaho Naturopathic Medical Board is to protect the public through the licensing and regulation of naturopathic medical doctors.*

## What is a Naturopathic Medical Doctor (NMD)?

NMDs are educated and trained in accredited naturopathic medical colleges and universities. They diagnose, prevent, and treat acute and chronic illness to restore and establish optimal health by supporting their patients' inherent self-healing process. Naturopathic medical doctors work to identify underlying causes of illness and develop personalized treatment plans using natural therapies to address them.

### NMDs in Idaho may:

- Perform physical examinations, and order laboratory tests, imaging, and other diagnostic tests consistent with naturopathic medical education and training.
- Dispense, administer, and prescribe prescription drugs and medical devices as authorized by the naturopathic medical formulary as set forth in rule.
- Perform minor office procedures.
- Perform therapies for which they are trained and educated, consistent with primary care and provisions of the law.
- Admit patients to a hospital at which they are credentialed and privileged to do so.
- The practice of naturopathic medicine does not include the practice of obstetrics.



### Requirements for NMD Licensure

- ✓ Graduation from an accredited naturopathic medical program.
- ✓ Pass the Naturopathic Physicians Licensing Examinations (NPLEX) administered and approved by the North American Board of Naturopathic Examiners.
- ✓ A fingerprint-based criminal history check of the Idaho central criminal database and the Federal Bureau of Investigation criminal history database.
- ✓ The board may require an interview for the applicant, limited to a review of the applicant's qualifications and professional credentials.

### Apply for a NMD License

To apply for an NMD license visit the [Naturopathic Medical Board page on the Board website](#) and select [applying for licensure](#).

### NMDs Newly Licensed in Idaho

In 2019, the Idaho legislature passed a law to license NMDs. This new licensure allows NMDs to practice primary healthcare in Idaho.

The new law established an advisory board under the Idaho Board of Medicine. NMDs joined other allied health professionals overseen by the Board of Medicine: Physician Assistants, Dietitians, Respiratory Therapists, & Athletic Trainers.

The Naturopathic Medical Board (NMB) is responsible for making recommendations to the Board of Medicine concerning the qualification of NMD applicants for licensure, along with regulation of existing licensees through application of the statute and rules pertaining to the practice of naturopathic medicine. The NMB includes a medical doctor, three naturopathic medical doctors, and a public member who make recommendations to the Board of Medicine.